



Fus"tini"

Ingredients

- 1 pretty glass 6 oz sparkling water (mineral water/club soda)
- 1/2 oz Fustini's balsamic of your choice

Directions

Step 1.

Pour the balsamic of your choice into the pretty glass. Add 6 ounces of sparkling water. Sip this refreshing concoction whenever you feel thirsty or need a pick-me-up. The balsamic will help to balance your blood sugar levels and aid in digestion.