

# Slow Cooker Balsamic Roast Beef

## Ingredients

- 1 3-4 pound boneless roast beef
- · 1 cup beef broth
- 1/2 cup Fustini's balsamic vinegar (18 Year, Espresso Bean, Herbs of Naples)
- · 2 tablespoons Worcestershire sauce
- 2 tablespoons soy sauce
- 1 tablespoon honey
- 1/2 teaspoon red pepper flakes
- · 4 garlic cloves, chopped
- · fresh parsley and chive, chopped, garnish

### **Sharon's Hint**

This is a great recipe to use your favorite dark balsamics. If you are low on one flavor, combine a couple of them to get the liquid amount needed. adapted from addapinch.com

## **Directions**

#### Step 1.

Place roast beef into the slow cooker. In a medium bowl, combine stock, vinegar. Worcestershire sauce, soy sauce, honey, red pepper flakes and garlic. Pour mixture over the roast beef and set 4 hours on high or 6-8 hours on low.

## Step 2.

Once the beef is cooked, remove it from the slow cooker with tongs into a serving platter. Break apart meat lightly with two forks. Ladle about 1/4 - 1/2 cup of the remaining sauce over the roast beef. Garnish with fresh chopped herbs.

If you prefer a beefier flavor, use a fat separator on the sauce and pour it into a saucepan over medium heat. Simmer until the gravy has reduced by half.